

Annual Report of

COMMUNITY BENEFITS PLAN

January 2021

I. MISSION STATEMENT

The Heart of Texas Healthcare System is committed to improving and maintaining the health of the people residing in the community it serves. Heart of Texas Healthcare System strives for excellence in the provision of quality health care services.

Through the exercise of concern and compassion for its patients, Heart of Texas Healthcare System provides an array of health care services to persons regardless of race, creed, or gender. The Hospital will provide health care services for the medically underserved as far as resources permit.

Heart of Texas Healthcare System will remain an integral part of the community it serves. The Hospital's leadership will remain cognizant of their responsibilities for the provision of quality care and their commitment to stewardship for the long-term fiscal integrity of the hospital through the most effective use of its financial resources.

II. COMMUNITY HEALTH CARE NEEDS ASSESSMENT

The Community Health Care Needs Assessment was developed at the direction of the hospital's Board of Directors and undertaken by Hospital Administration. The community is defined for this report as the McCulloch County that includes the City of Brady and surrounding areas. The issues addressed are based on the questionnaires, discussions with physicians and other health care providers, residents and employers.

Heart of Texas Healthcare System is in McCulloch County and covers an area of approximately 1,073 square miles and is geographically located in the center of Texas. Five major highways provide access and it is within 125 miles of three interstates. The closest city, having a population of more than 150,000 is Austin, located 130 miles southeast of Brady. The county's economic resources mainly consist of agricultural product, minerals, and tourism. The following information is based on the 2010 estimate from the US Census Bureau and local Chamber of Commerce. The county's total population is 7,984, with 67% residing in the City of

Brady, and the other 33% living in the surrounding area. F the total population, 51.4% are male, and 49.6% female, with a median age of 44.6. The percentage of the population 65 years or over is 22.4%. The educational attainment of the population reported is 76.8% having a high school diploma or higher, and 17.3% with a bachelor's degree or higher. The county's median household income in dollars is \$47,707.

There are four physicians and two physician assistants who practice at the Heart of Texas Healthcare System which includes Brady Medical Clinic, a hospital owned and operated rural health clinic. There is also a federally qualified health center in Brady, which is staffed by a physician extender. The hospital also operates its own Durable Medical Equipment retail store, which is the only provider of this service in the surrounding counties. The hospital is proud to offer MRI, CT, digital radiology, mammography, physical therapy, respiratory therapy, cardiac rehab, pulmonary rehab, geriatric psychiatry, coumadin clinic, allergy clinic, and sleep studies.

The Heart of Texas Healthcare System opened its' new 26,000 square feet, 25 inpatient bed hospital in 2012. Revenue bonds were used to secure financing, with no general tax obligation provided by property owners.

III. CHARITY CARE AND COMMUNITY BENEFITS PROVIDED DURING FISCAL YEAR ENDED 03/31/20.

Due to McCulloch County being a persistent poverty county according to the USDA, this is the highest need within the community. The uninsured rate for persons under the age of 65 is 19.8%. The system provided \$3,184,190 in charity care and other benefits in the year ending 03/31/20. We will continue to offer services to the community regardless of the individuals' ability to pay.

IV. PRIMARY CATEGORIES OF NEEDS

The community is similar to others in our region and face specific healthcare needs within the population. We have a high prevalence of

adult diabetes with low rates of monitoring with short and long-term complications as a result. We also have a high prevalence of adult and childhood obesity. These, along with other factors, contribute to cardiovascular disease within the population. We have a lack of access to mental healthcare which often leads to inappropriate care. Additionally, we have inappropriate use of our Emergency Department due to the high percentage of uninsured/under insured individuals in the region.