



PREPARATION INSTRUCTIONS FOR SONOGRAMS

NPO FOR:

ABDOMEN
GALLBLADDER
AORTA
LIVER

NO PREP:

THYROID
VASCULAR (ARTERIAL OR VENOUS)
ECHO
BREAST

PREP FOR:

Renal or Pelvic Sonograms: Drink at least four (4) 8oz. glasses of water or 32oz total prior to examination. Do NOT empty your bladder until after the examination is completed.